Supply List (Red Dirt Primitives©2014)

Muslin for all flowers and petals and crows, that will depend on how much you want to make

Sraps of burlap for flower center on small flower

Print burlap feed sacks for flower ties and small scraps of homespun for ties

12” long dowel rod that is 3/16” (get a pack of these at Walmart in craft section)

Fabric Stiffen Spray

Reds, Yellows, Black and Dark Brown Paint

Stencil Brush

Black Floss

1 Rusty Safety Pin

Sand Paper

Sticks from your yard

Glue Gun and Stuffing

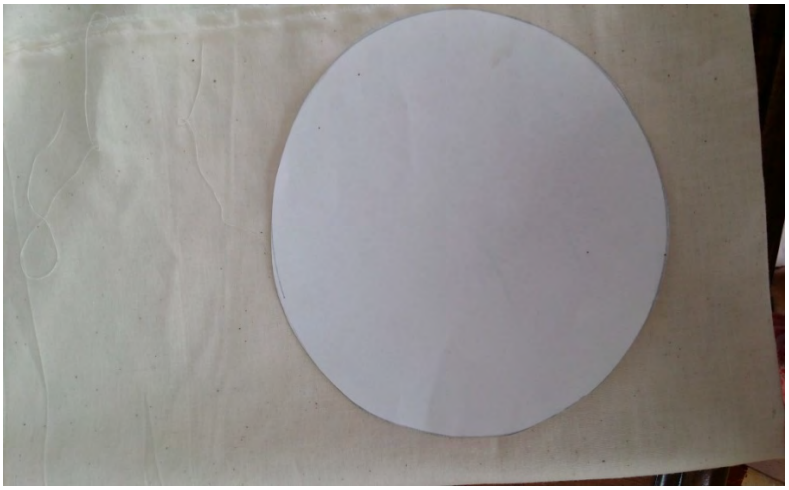
Cinnamon

Primitive Sunflowers & Crows

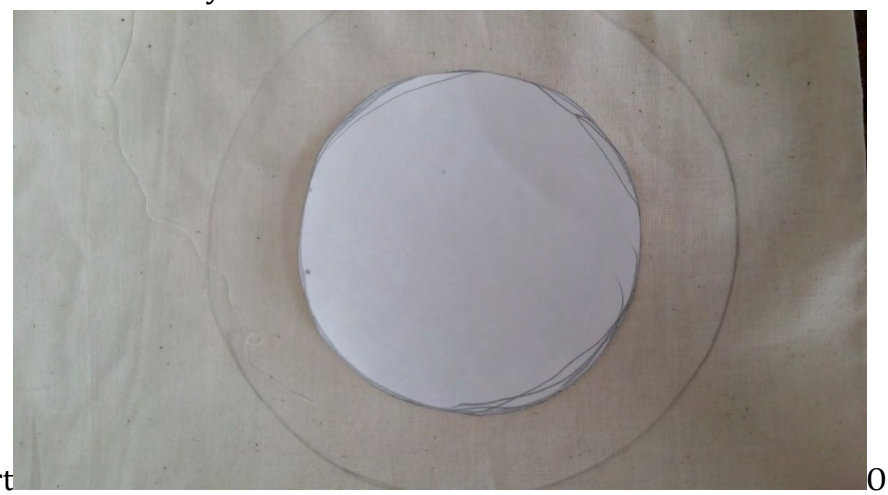
6” 12” & 16” base

Hello! I hope you enjoy this free sunflower pattern and hope I can bring it to you in a easy way to do. If you have any questions at all please let me know. I never like to charge for sunflower patterns because I feel that there is just not much to them and I want to give back to my customers so this is a way to do it. Please keep a check on my website or fb page to find out about the free monthly pattern.

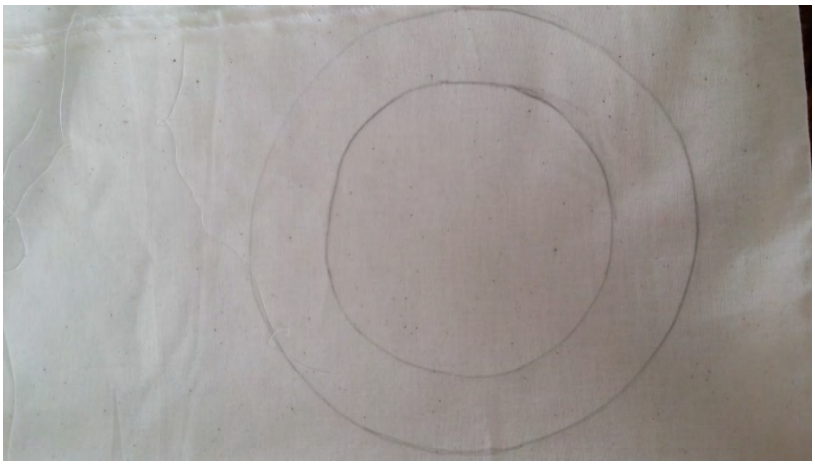
Small Sunflower with the burlap center with X’s



Ok what I like to do especially if I am making a bunch of flowers, take your 6” circle and lay on top of several pieces of muslin, trace around circle with a pencil. For this flower you want 3 circles for your outer



part Once your circle is drawn on now place your 4” circle in the middle and draw around it


Now you should have this, now sew the inner circle all the way around comeing back to where you started from making the circle complete

After you have sewn the inner circle, now cut out the outer circle using your traced line as your cut line

Now you will have this, now take your scissors and cut through all 3 layers up to seam line of inner circle in 1” increments. Be careful not to cut the inner circle seam line

*Now when that is done, wet down cut up piece(s). Get them really wet and ring them out. Throw them in a dryer with some towels, yes I said throw them in the dryer. Put it on hot. The towels helps fray out the edges of your material so your flower petals will come out poofy.

*Now cut a slit through one layer in the back of your flower, this will be where our stem will go later

*When dry, mix what ever colors of yellow you want in with some of your staining mixture and some liquid fabric stiffener. I used several colors of yellow cause I did not have enough of one yellow lol

*Ok now brush as much of the flowers as you can with your mixture because it is hard to get all the petals but don't worry that's what makes it prim, but here is what I do after I brush all my flower and I still have some white spots showing on my petals, I make the rest of my mixture I have left kinda runny and then I dip my whole piece in it so all my flower piece gets wet with the mixture.

*Now place them on a piece of tin foil outside to dry, make sure they are flat as far as the center, the petals does not matter right now, we will fluff them out later

This is what you will end up with when dry

Now take your flower petals and start pulling them apart from each other

*Now for the burlap center, cut your circle out a piece of printed burlap sack

* Hand gather lightly about ½" from edge around outside, now since this is burlap, use about 6 stands of DMC floss. Now lightly stuff, press your burlap center flat, we want it round as we can get it in front and our gather part in the center in back, meaning we don't want to see any raw edges or our gathers once we glue the flower center in

*Now hand stitch 3 x's with floss in flower center

*Now place glue along the back side of flower a little bit down from the edge all the way around, glue flower center to center of your flower

*Now take a 12" dowel rod that is 3/16" around (walmart), stain it brown, now remember that whole we cut in the back, it will be a little stiff, but work that dowel up into the hole as far as you can go, take it back out and put you some hot glue or tacky glue up in that hole and put dowel back up in there.

*Now cut you a piece of green homespun and tie it to the stick in a bow and slid it all the way up the down to where your slit is, hot glue it to dowel to secure

*Now rub the whole flower with cinnamon, this one is done! Make as many as you like

Big Sunflowers with petals

*Trace as many big sunflowers on double muslin as you like

*Using your traceing line as your sewing line for each one

*Now clip away excess muslin from each one leaving about ¼" of muslin left from the seam line

Here is what it looks like, sorry already painted it and forgot to take a picture of it before I stained it but you get the ideal

*Cut a slit through one layer, we do not turn the flower

*Now as you can see in my picture stuff it, you can do real full or light it is up to you

*Once you get them all stuffed, mix you stain mixture, barn red and any other color of red paint, I did two different colors of red, one darker like a burgundy and then the barn red and added a little black not much but a little

*Now stain all the flowers using your stain/paint mixture, sprinkle fronts and backs with cinnamon while wet

*Now lay outside to dry

*When dry, sew X's to flower center with black floss

Flower Petals Small 7 ¼" One

*Now while our flowers are drying lets do our petals, for the smaller sunflower 71/4" one, cut out petals. Now what I do is lay my petal piece on several layers of muslin and draw it on with a pencil, now using your drawn line as your cut out line, cut out 5 or six flower petals at a time that way instead of doing one at a time

*So for the small sunflowers I did 11 petals if I wanted just a single layer of petals, but in the picture of this pattern, I did 22 petals for the one that is more fuller because I glued on

my first layer, then came back and glue on my second layer between the gaps of the first layer of petals(Now back to pattern lol)

*Now once again we will be doing mixing and getting our hands painted lol

*Mix your staining mixture, several kinds of yellow paint and your liquid fabric stiffener, now paint petals front and back, now take a overlap just a small bit of your flower at the bottom, sprinkle both sides with cinnamon and lay on some tin foil to dry. I did mine on a paper place because I ran out of tinfoil. But see the little crease I put in them? That was just by overlapping a bit

*Now once all is dry, sand sunflowers front and back, sand flower petals front and back

*Now find you a stick from outside, put some glue in your slit in the back of the flower, slide your stick up into your flower, not how I like to close up my slit and hide is it to just cut me

a piece of burlap and glue it to the back, it hits everything lol I know my flower is done in this picture lol forgot to take a picture of that part too till after

*Now start hot glueing on your petals, I glue on the back side of that edge we left on the outside of the sunflower because if you glue to the sunflower itself it will not look right

It is ok if you get some glue on the back of your flower, you can repaint over it by touching it up or putting some cinnamon on it

*Once your petals are all glued on, cut you some burlap about 6" long and 12" wide, tie it in the middle, place it under your flower between the flower and stick and hot glue it to the stick and flower if you can, see picture on page before this

*Now take some brown paint and a dry stencil brush, dab stencil brush into the paint and use a paper towel to get some excess off, high light around the flower with the brown paint and then highlight X's by dry brushing right on the X's with your brush

Big Sunflower 9"

*Now for this flower you will do the exact same steps as the 7 ¼ flower with petals, same steps etc. But you will use the bigger sunflower pieces and you will make brown dots instead of X's.

*For the Big Sunflower I cut out 12 sunflower petals for each one

Crows for 7 ¼" and 9" sunflowers

*Trace 1 crow for each sunflower you are doing on double muslin. The bigger crow for the big flower and little crow for little flower

*Sew crows on traced lines leaving open where indicated on pattern pieces

*Clip all ¼" from seam and turn all. Stuff firmly and stitch opening closed

*Stain crows with your staining mixture, now while they are wet, paint them with black paint. Sprinkle crows with cinnamon and lay out to dry, here is mine when dry

*Now sand all crows, lay aside for wings

Wings for Both Crows

*Trace 2 wings for each crow on double muslin

*Now for each set of wings place a piece of warm and natural between the two wings so you will have wing, warm and natural, wing

*Now using your pencil line as your sewing line, sew all 3 layers together

*Now sew lines inside wings

*Now do the wings as far as painting the same way you did the crows, sprinkle with cinnamon on both sides and lay to dry, will look like this when dry, then sand when dry

*Now sew wings onto sides of crows, sorry picture is sideways

Now slide a safety pin through big crow wing just through the top layer

Wow we are done! Again if you have any questions about this pattern please let me know, I am here to help!

This is a free pattern, please fill free to share with friends but please let your friends know where you got it so they can come visit me. Have a blessed day!

Oh almost forgot, tie a homespun bow to bottom of big flower

This is a free pattern, please share it but let them know you got it from Red Dirt Primitives Website or Facebook. This pattern is intended for fun or profit. You may wholesale the finished sunflowers but please use your own picture of your finished flowers as workmen ship is different. You may sell your finished items at shows, your website, etsy and ebay. No Mass Producing of this product without permission which just means no selling to china or things of that nature. Finished sunflowers cannot be sold or advertised in National Magazines. Since this is a free pattern Please don't make copies of this pattern to resell. Please do not copy or change this pattern and call it your own. You may enlarge or reduce this pattern. Make it your own as far as make your flowers out of burlap or paint them pink etc but keep me listed as the designer please even if you add those things. I love to see pictures of your work so post to my Red Dir Primitives time line if you like! I appreciate your business. Any questions please contact me and I will be glad to help!

Red Dirt Primitives

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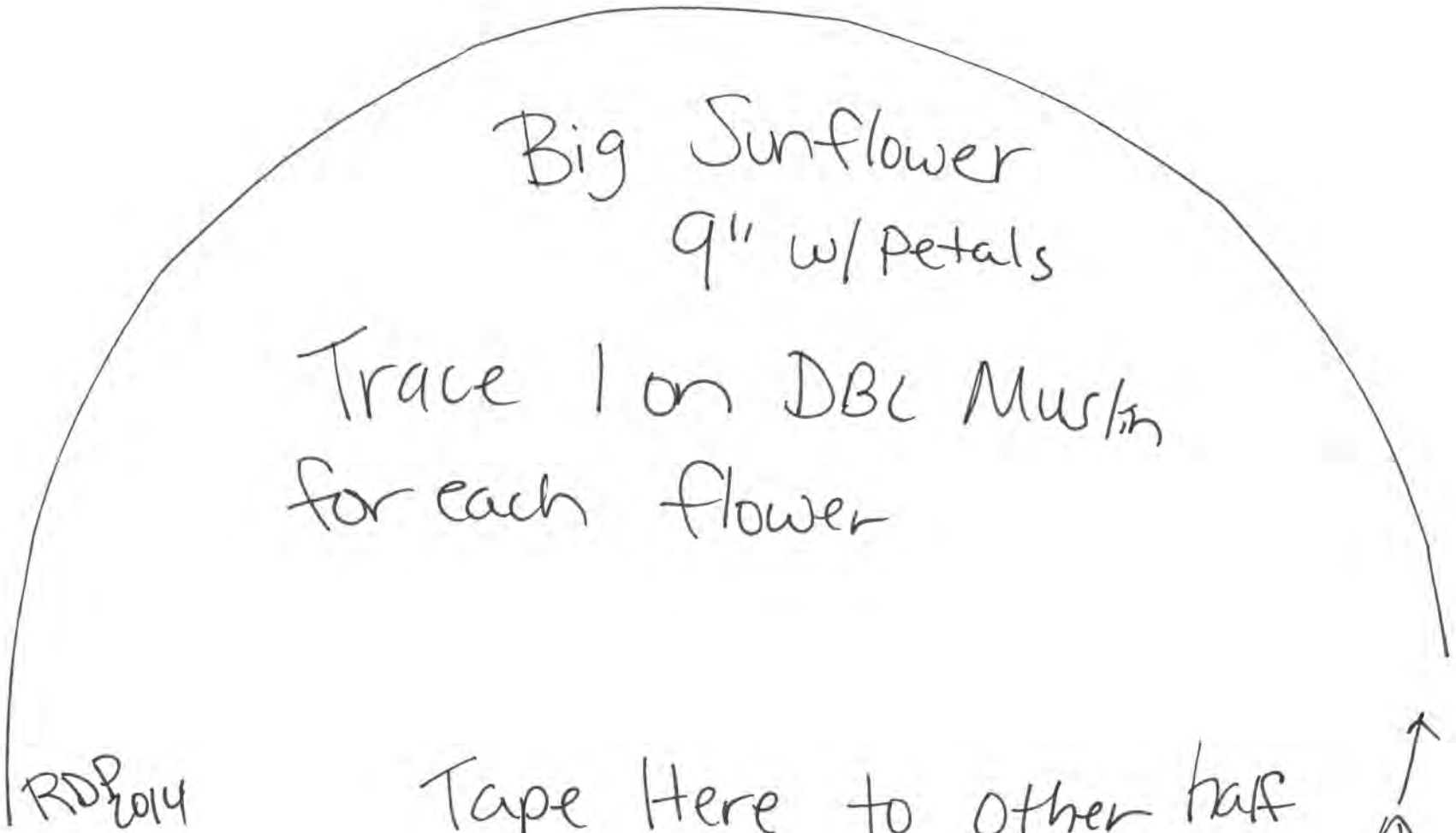
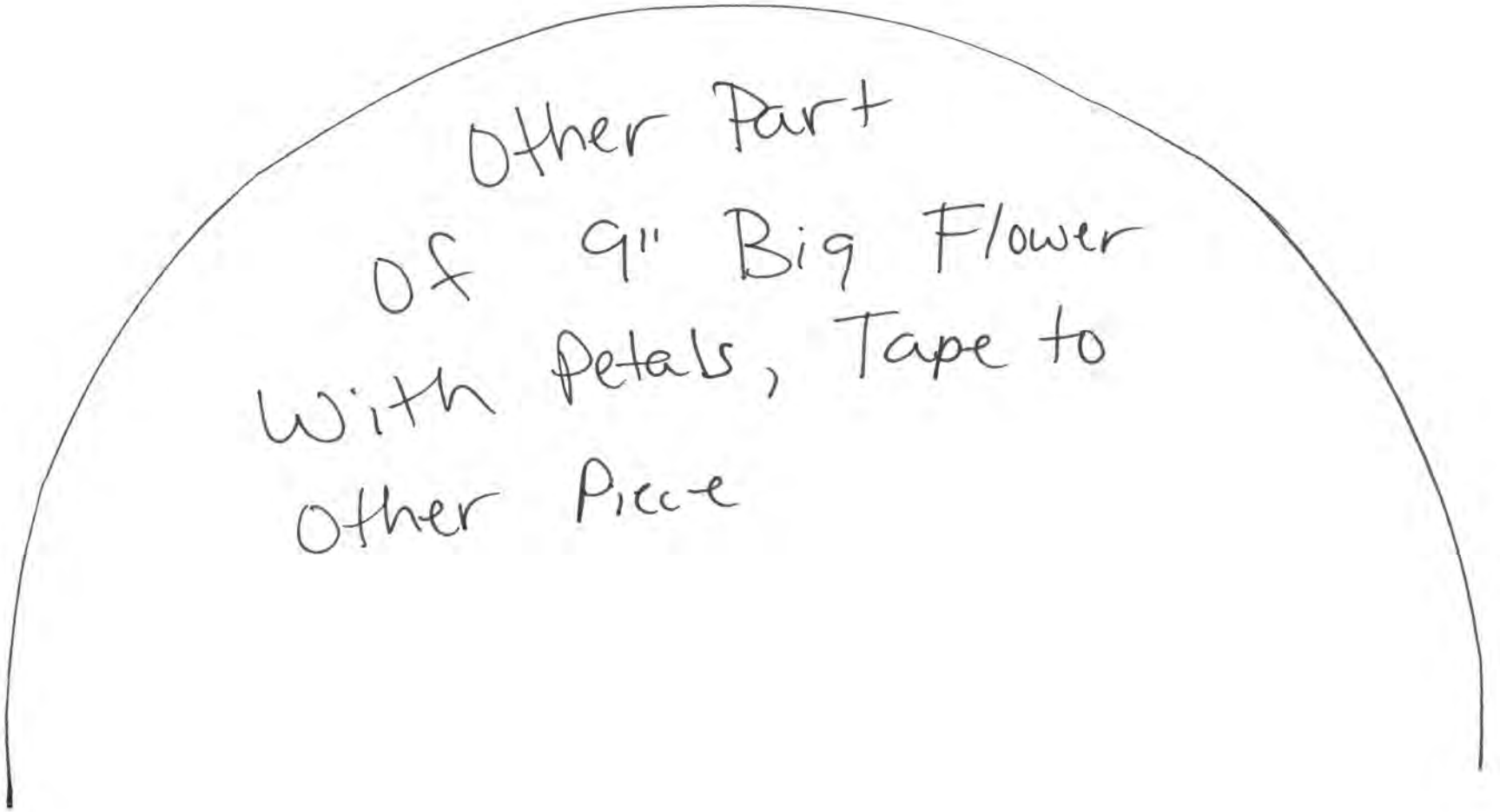
I CAN DO ALL THINGS THROUGH CHRIST WHO STRENGTHENS ME

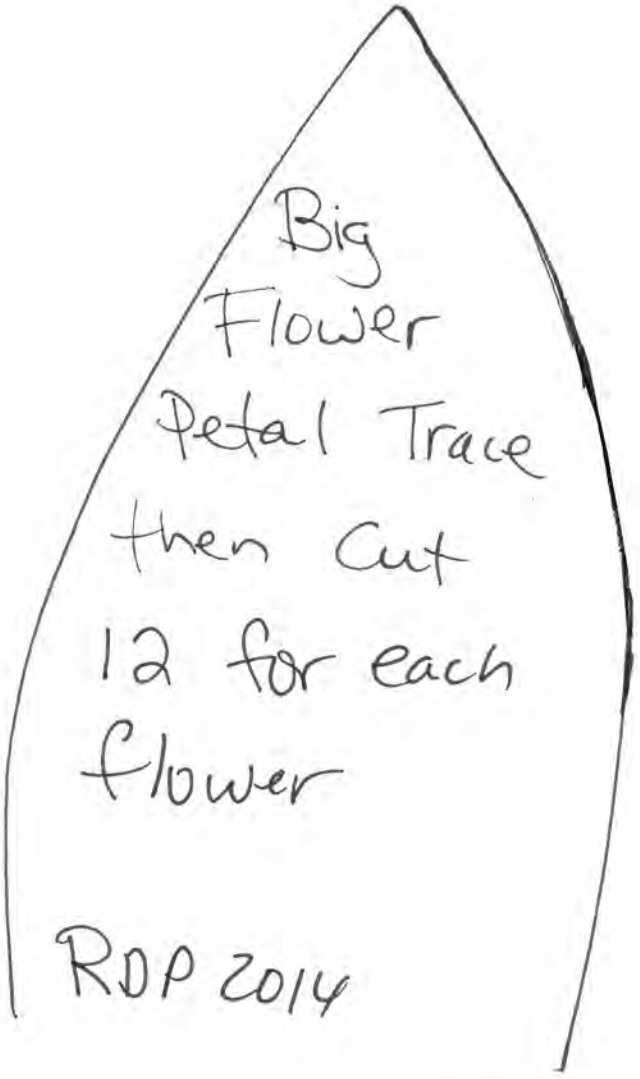
PHILIPPIANS 4:13

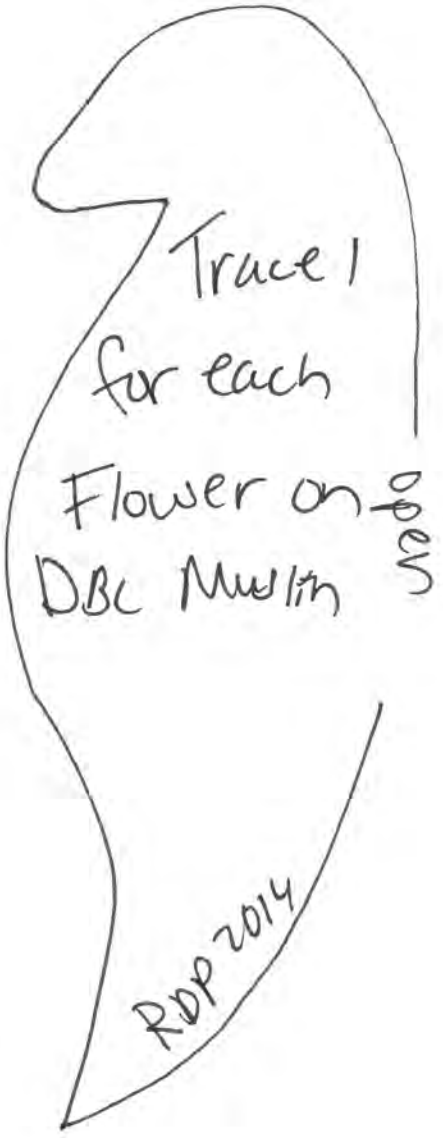


Do not extend this line I did not mess up lol

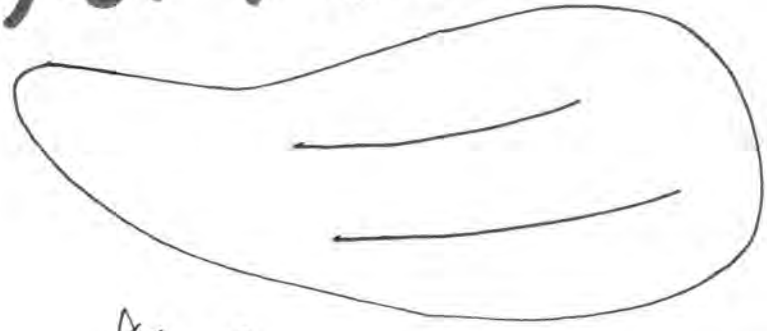
Pull other section to it


Other Part
Of 9" Big Flower
With Petals, Tape to
other Piece





Crow & Petal for Biggest Flower



* Trace then cut 2 Wings on DBL Muslin

Small 7 1/4"

Sunflower with leaves

Trace 2 on DBI Muslin for each flower you Make

Sewing line

Primitive Sunflowers

Red Dirt Primitives 2014

Small Petal to 7¼ flower

Cut 11 petals on Muslin or 22 for fuller Flower

Cutting line

Trace 1 wing on DBI Muslin

Trace 1 crow for small flower on DBI Muslin open

Trace 1 on 3 layers of Muslin for each flower you make

Small Burlap Center Flower

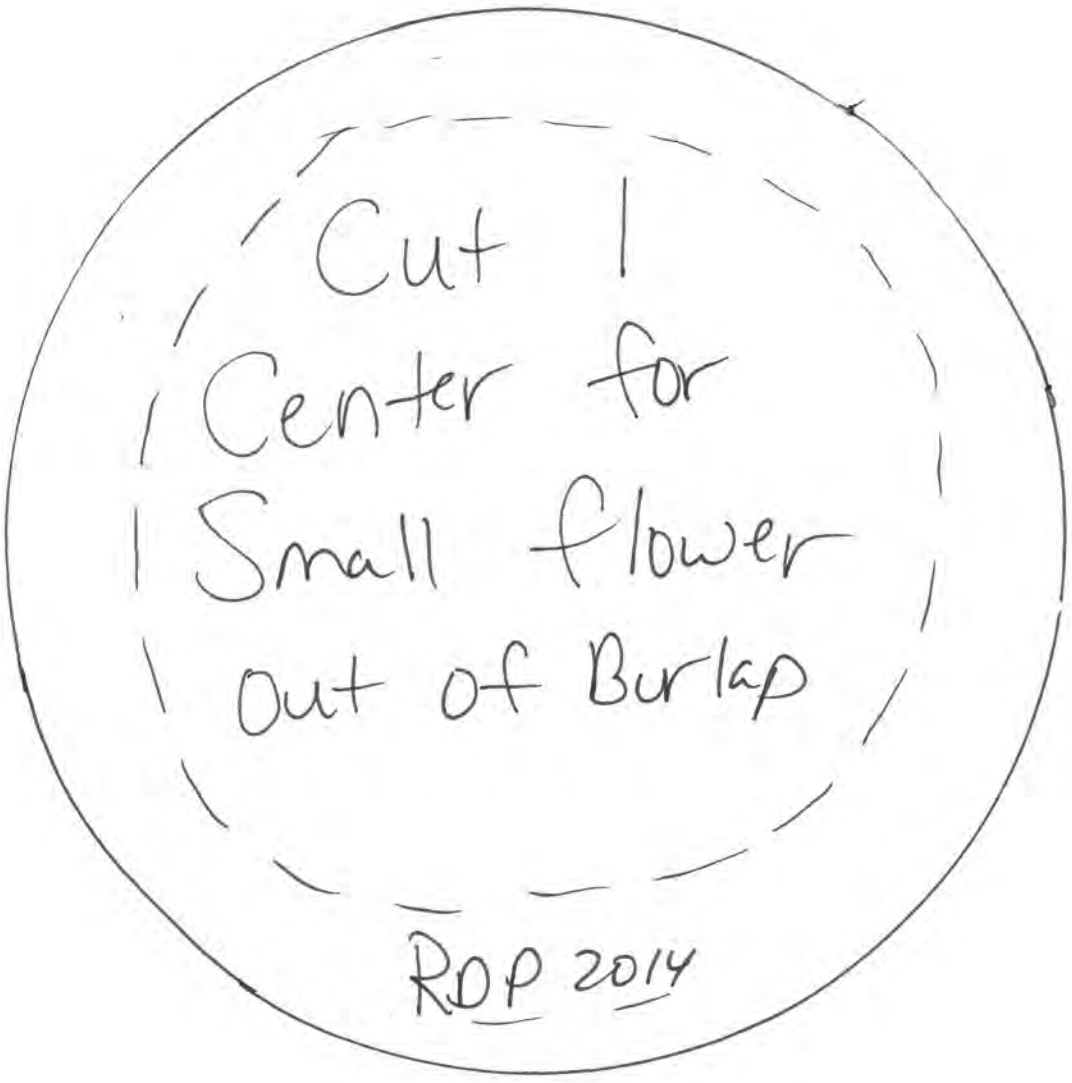
Primitive Sunflowers

RDP 2014

RDP 2014

Use this Circle for your Center Guide Only

* This is for your guide for center of this flower


Cut 1
Center for
Small flower
out of Burlap
RDP 2014